# INFLUENZA REPORT

**2018-19 Influenza Season** Week 10 — Week Ending 03/09/2019

LOCAL **SUMMARY** 

ILI activity level:

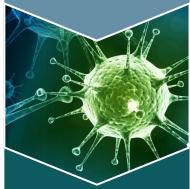
HIGH

Weekly hospitalizations:

14

Weekly ILI rate:

6.8%



Influenza-like Illness (ILI)
is defined as fever
(temperature of ≥ 100° F
[37.8° C]), cough, and/or a
sore throat without a
known cause other than
influenza.

#### INFLUENZA ACTIVITY IN DAVIS COUNTY

Influenza activity in Davis County remained at a *high* level during Week 10. The average school absence rate for Week 10 (5.19%) dropped considerably compared to recent weeks (see Figure 1). The influenza-like illness (ILI) rate (6.8%) also decreased, while the number of hospitalizations remained steady compared to Week 9 (see Figure 2). During Week 10, there were 14 hospitalized influenza cases, bringing the season total in Davis County to 132.

Figure 1. Elementary School Absence Rate, Davis County, 2018-19, 2017-18, 5-Year Average

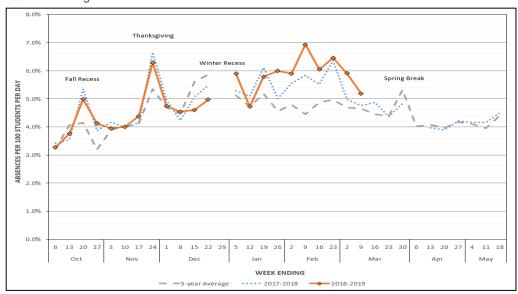
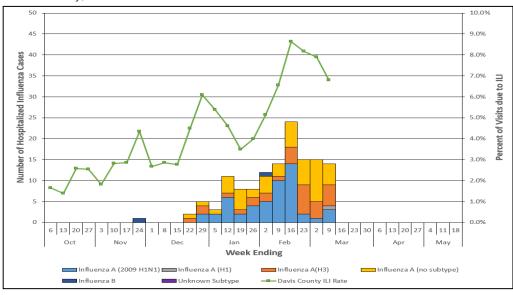


Figure 2. Hospitalized Influenza Cases, by subtype and admission date, Davis County, 2018-19



#### INFLUENZA ACTIVITY IN UTAH\*

Utah's influenza severity estimate was at a *moderate* level during Week 10 with continued widespread activity. Throughout the state, there were 59 hospitalized influenza cases during Week 10 and there have been a total of 1,348 for the season.

Surveillance data for influenza testing in laboratories across Utah indicated that 477 specimens were positive for influenza during Week 10. The majority (94.5%) of the

positive specimens thus far this season have been typed as influenza A. Influenza A 2009 H1N1 has been the predominant subtype for the season, however, influenza A H3 has been the primary circulating subtype in recent weeks.

Table 1. Influenza Positive Laboratories, 2018 - 2019

Positive Specimens by Type/Subtype

Influenza A (2009 H1)

Influenza A (H1)

\*For more information regarding influenza activity in Utah, please visit: <a href="https://goo.gl/xDYnKy">https://goo.gl/xDYnKy</a>

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Positive Specimens by Type/Subtype	Current Week		Season-to-Date	
	Number	%	Number	%
Influenza A (2009 H1)	33	6.9%	1,201	17.4%
Influenza A (H1)	1	0.2%	6	0.1%
Influenza A (H3)	97	20.3%	622	9.0%
Influenza A (no subtype)	324	67.9%	4,685	67.9%
Influenza B	22	4.6%	382	5.5%

477

6.896

Table 1. Influenza Positive Specimens Tested by Utah

#### **INFLUENZA ACTIVITY IN THE UNITED STATES\*\***

Total

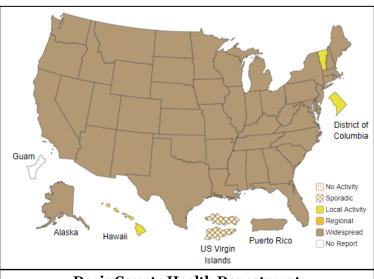
During Week 9, influenza activity continued to be elevated in all regions across the United States with the 2009 H1N1 subtype of influenza A predominating in some regions nationwide and H3 predominating in others. During Week 9, two states reported *local* activity and 48 states (including Utah) reported *widespread* activity (see Figure 3).

Collaborating clinical laboratories across the United States reported that 26.1% of respiratory specimens tested were positive for influenza in Week 9. Of those, 97.2% were typed as influenza A and 2.8% as influenza B.

CDC recently published the midseason estimates of the 2018-19 influenza vaccine effectiveness. Early estimates indicate that the influenza vaccines have reduced the risk of medically attended influenzarelated illness by 47%. Vaccination reduced the rate of illness due to Influenza A 2009 H1N1 by about 46% among all ages and by about 62% among children under age 18.

\*\*For more information regarding influenza activity nationwide, please visit: <a href="https://www.cdc.gov/flu/weekly/">https://www.cdc.gov/flu/weekly/</a>

Figure 3. Weekly Influenza Activity Estimates, Week 9 (February 24 - March 2, 2019)



Davis County Health Department Communicable Disease & Epidemiology 22 S. State Street · Clearfield, UT · 84015 801-525-5200 (phone) · (801)525-5210 (fax) www.daviscountyutah.gov/health



## VACCINE INFORMATION

CDC recommends that all persons older than 6 months of age receive an influenza vaccine.

Flu shots are available at Davis County Health Department at no out-of-pocket cost for those *with* contracted health insurance.

### For those *without* insurance:

- Adults (19+ years) can receive the flu shot for \$30.
- Seniors (65+ years) can receive high-dose Fluzone® for \$45.
- Children and adolescents (<19 years) may receive the vaccine for a \$8 fee.

For additional information, call the Immunizations Hotline at (801) 525-5020.



The *Davis County Influenza Report* is published weekly on Thursdays during influenza season. To receive a copy of this report by email or fax, please contact Caitlin Pratt at <a href="mailto:cpratt@co.davis.ut.us">cpratt@co.davis.ut.us</a>.